

Melbourne Fertility Clinic

IN VITRO FERTILISATION (IVF) AND PREGNANCY

**DR MOSES ABE MBBS, MRCPI, FRANZCOG, FRANZCOG
OBSTETRICIAN, GYNAECOLOGIST & MONASH IVF SPECIALIST**

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TESTIMONIALS

Dr Abe is amazing. He was so supportive through our 2 year journey to become parents. Moses was able to help us fulfil our dreams and we have been blessed with a beautiful daughter. Would highly recommend him to everyone, which is what I do every day.

Mel W

Moses and his staff were fantastic. He is detailed and caring in his approach and explained every little detail to us. We were very blessed to become pregnant first go on IVF but I do give the credit to Moses for his attention to detail.

Fiona P

Great experience very supportive and successfully achieved my treatment.

Harpreet K

Moses is the most lovely man. Highly recommend. He was always contactable supported me during difficulties portions of my pregnancy (despite not being my OB). He always kept in constant communication with other members of my treating team and never gave up on helping me achieve my goal of starting a family.

Julia W

Moses is wonderful. We were referred to him 5 years ago and he has been excellent with his guidance and knowledge to help us fall pregnant and now dealing with endometriosis. We would highly recommend him for his attention to detail, care and professionalism. Thanks Moses for everything.

DR. MOSES ABE

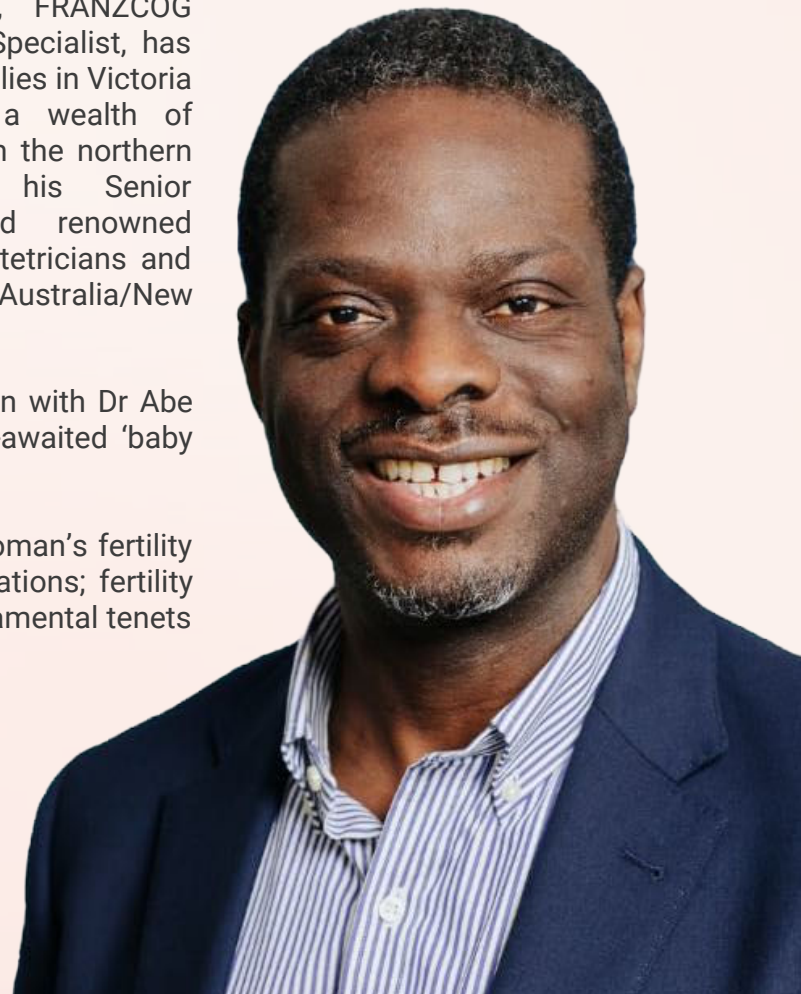
Dr Moses Abe, MBBS, MRCPI, FRCOG, FRANZCOG Obstetrician, Gynaecologist & Monash IVF Specialist, has provided world-class fertility treatment to families in Victoria for over a decade. Bringing with him a wealth of international experience and knowledge from the northern hemisphere, spanning three decades, his Senior Membership status of the three-world renowned professional bodies - Royal Colleges of Obstetricians and Gynaecologists of Ireland, the UK and Australia/New Zealand is evident.

With his experience on your side, consultation with Dr Abe has to be the first step towards those long-awaited 'baby steps'.

His long-held practice philosophy is that a woman's fertility should not be limited by her other life aspirations; fertility control, preservation and expression are fundamental tenets of his professional practice.

You will receive an individualised treatment plan tailored specifically to you – ensuring you reach your goal as quickly and efficiently as possible.

**MBBS, MRCPI, FRCOG, FRANZCOG
Obstetrician, Gynaecologist & Monash IVF
Specialist**



DISCLAIMER

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INTRODUCTION

As a Monash IVF specialist with over 30 years of experience and as a Senior Clinical Lecturer at Deakin University, I would like to take this opportunity to shed some light on the process of IVF and how it could give you a better chance to become pregnant.

Here we will discuss important topics such as what happens during the procedure, success rates of different IVF treatments, potential benefits and risks associated with undergoing an IVF treatment cycle, and more.

01 In vitro fertilisation is your best chance of becoming pregnant if you find it difficult to conceive

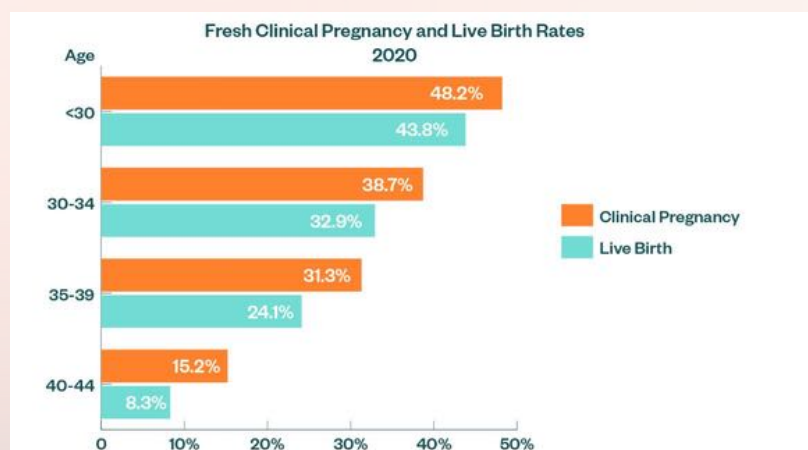
With increasing female age, especially above 35 years, IVF can help increase the chances of getting pregnant. Increasingly, IVF-assisted reproductive technology is now being used to reduce the possibility of miscarriage and genetic diseases such as cystic fibrosis significantly. This is referred to as preimplantation genetic testing (PGT).

If you have been trying for 12 months but believe you have underlying issues, seek medical advice sooner.

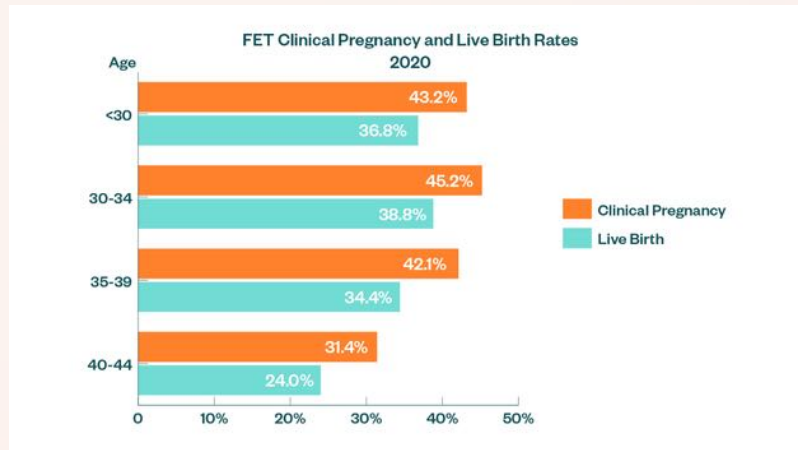
The average success rate for IVF is about 54%, far surpassing natural conception, which averages around 18% per month. Many women have had multiple healthy pregnancies with the help of IVF with over 8 million babies born worldwide. Working with a team of caring fertility specialists, you will be able to receive an individualised approach tailored toward helping you fulfil your dream of having a baby. Choosing IVF as your chance of becoming pregnant may seem daunting at first, but with supporting medical care, expertise and encouragement, it can give you the best chance at success.

Locally, 1 in 20 babies was conceived via IVF.

This number is set to rise for a variety of reasons. These include trends to delay childbearing, declining male and female fertility, advances in fertility treatments, including egg-freezing technology and the ability of IVF & PGT to widen the scope of genetic testing in future.



Fresh Embryo Transfer Success Rates 2020



*Clinical Pregnancy & Live Births for Fresh Embryo Transfers
Monash IVF Group clinics between 1 January and 31 December 2020.
excludes cycles completed by patients using donated embryos and donated eggs.*

02 If you're considering IVF, be sure to talk to your doctor about all of your options

IVF may be your best chance of becoming pregnant, providing a valuable option to infertile couples or individuals and allowing them to build families with assistance from science and advanced reproductive technology. While IVF isn't your only possible solution - it's always good to explore any other options first - the procedure has numerous benefits, such as a higher chance of pregnancy at each attempt and greater control over when the embryo is transferred into the uterus. If you're considering IVF, talk to your doctor about all your options and get expert advice tailored to your unique situation.

03 Several factors can influence your chances of success, including your age and the quality of your eggs and sperm

IVF is not just any regular fertility treatment but a highly efficient reproductive procedure that helps you become pregnant. While the success rate largely depends on several factors, like your age and the quality of sperm and eggs, it has been observed that many women have successfully achieved pregnancy through IVF. In vitro fertilisation may offer a viable solution for couples struggling to conceive. Moreover, advanced technologies used for embryo analysis make it easier for doctors to increase the prospect of your pregnancy.

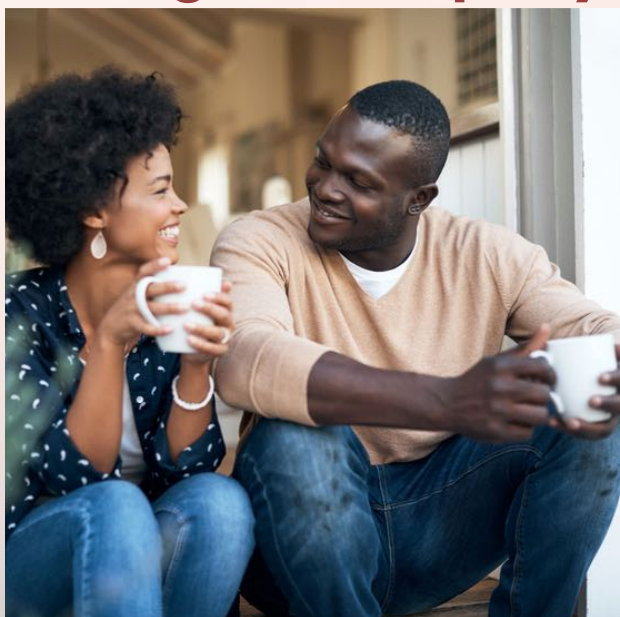
The process is relatively simple - the doctor will extract eggs from your ovaries and obtain sperm from your partner or donor, then combine them in a lab dish.



If you decide on IVF, your doctor will prescribe medications that stimulate your ovaries and help them produce multiple eggs simultaneously. This process differs from a regular menstrual cycle, where only one egg usually comes out each month. These harvested eggs are taken away for further medical procedures where they interact with sperm prepared without seminal fluid to create an embryo, paving the way towards possible parenthood! All of this occurs under anaesthesia so that it's as comfortable and painless as can be during an outpatient stay, giving hope to many couples who otherwise would not have been able to enjoy parenting success stories.

After carefully selecting several embryos, one will be transferred back to the body. Advanced freezing techniques can then preserve the remaining eggs for potential future use. Although this marks an exciting stage in IVF treatment – as with all aspects of the process - it can be stressful due to its unpredictable nature and lengthy waiting period that follows transfer, typically lasting two weeks until a pregnancy test reveals if implantation was successful or not.

04 Ultimately, the decision of whether or not to undergo IVF is up to you and your partner



In vitro fertilisation (IVF) allows individuals and couples to become pregnant when other methods have been unsuccessful. It is a safe, relatively quick process that involves the extraction of eggs from the mother before being combined with sperm in a laboratory setting. The resulting embryo can then be implanted back into the mother's uterus. While this method isn't always successful - as with any assisted reproductive measure –it has given countless people their dreams of having a child. Ultimately, deciding whether to undergo IVF is up to you and your partner. Still, it is an option that should be seriously considered if you struggle to start a family without medical assistance.

05

IVF is often expensive, but there are ways to offset the cost

While IVF can be costly, various programs can help with the cost and emotional stress involved. Your physician or fertility specialist can help identify IVF clinics offering financial aid and payment plans so you don't have to go it alone. Often grandparents-to-be or other family members help out.

06

Treatment Costs in Victoria, Australia Approximate Out-of-Pocket Cost

These are examples of approximate cost of IVF in our Victorian clinics at 2023:

Initial IVF Cycle	\$5,416.15
Subsequent IVF Cycle – after Medicare Safety Net	\$4,773.10
Initial IVF w/ ICSI Cycle	\$5,969.35
Subsequent IVF w/ ICSI – after Medicare Safety Net	\$5,326.30
IUI Cycle	\$1,299.25
Frozen Embryo Transfer (FET)	\$2,485.65

Medicare Safety Net

Once you reach a certain amount of medical expenses per calendar year, the Medicare Safety Net may provide higher rebates meaning you pay less.

The Medicare Safety Net threshold for 2023 is \$2,414.00.

For any queries about whether you have reached your Medicare Safety Net and are eligible for a further rebate, please contact Medicare at **132 011**.

07 Making an appointment with Dr Moses Abe or your fertility specialist

- Obtain a referral from your GP to see a fertility specialist.
- We review your personal history at your initial consultation, and initial tests are requested.
- Medicare rebates may be available to help cover some of the costs – your Medicare eligibility will be determined by your fertility specialist.
- NSW Govt. will provide a \$500 rebate for NSW residents on fertility testing out-of-pocket costs





If you and your partner have been trying to conceive without success, consider In vitro fertilisation (IVF). It is a safe and effective way to help couples achieve their dream of starting a family. Dr Moses Abe has helped countless couples realise their dreams of parenthood through IVF, and he can help you too.

Call us today at 1300 916 756 to book an appointment and learn more about how IVF can help you become pregnant.


You will receive an individualised treatment plan tailored specifically to you – ensuring you reach your goal as quickly and efficiently as possible.

CONTACT INFORMATION

 Locations in Geelong and South Melbourne

 <https://melbournefertilityclinic.com.au/>
<https://geelonggynaecology.com.au/>

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